



The Importance of Your Participation in Health Care A Call to Action for Patients

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31/05/2024

0:03

When we have to send you this message, we all when we were preparing this approach here in Barcelona in the bill, we were suffering a bit.

0:12

We're talking to you a patient or someone who has a person that loves a lot with an approach with a process of this, an oncologic process.

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And what we are saying here is that additionally of being handling with this reality, with this situation, we are begging you, we are inviting you to help us to become a better center dealing with you, people like you now in the present and in the future.

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We need your inputs.

0:42

It's not only that we, the professionals, we can explain you a given disease, a diagnosis, the treatment, how things are going to be in the future.

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Probably it's not only providing you this one way information is inviting you and I insist begging you to help us to better understand how you see the things, how you feel the things.

1:05

What do you need from us.

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Sometimes when we are alone thinking about this issue and trying to create a comprehensive center of the oncology processes, we think what are we missing?

1:18

Even though we we are plenty of focus of your needs, what are we missing?

1:23



Then we are inviting you that additionally to handle your reality, your own suffering, the things that you are afraid about or the people you love that they are during this process and you are trying to walk your life along their lives in this specific situation.

1:42

We are inviting you to tell us what do you need from us?

1:49

What do you need else from us in that approach?

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We are trying to better understand all the needs you could have and trying to provide from our side as a team the help we could provide.

2:02

At the end of the day, you are leading the process, not us.

2:09

We are travelling with you, but it's your life, it's your process.

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Then as much as you want to share with us, how do you feel?

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What are you afraid about?

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What are the concerns you have?

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Is the disease's quality of life?

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Is being afraid of others.

2:25

Whatever it could be, it could be.

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If you let us know these concerns, probably we will be better professionals trying to give you our support.

2:37

At the end of the day, life is always travelling across.



2:43

It's never a picture that is past, a present of a future.

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In this present, we are trying to better understand what you need from us in order to build up a better future altogether.

2:56

And of course, the future is uncertain.

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And as we know already as, as we also know the, the, the diseases we are dealing with, we can understand or at least imagine what that means for you.

3:08

But you as a patient, as a person that is living with a patient, as an association of patients, you could have request from our side and we need to know them.

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We want to know them.

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We are inviting you to be part of the team that is dealing with you.

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Some of you are already doing so.

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Some of you have been already leading these approaches, not only in a given hospital, but even in the society or with politics, with administration, trying to fight for your rights or things you need to know, you need to have as an association.

3:43

You are all very welcome and if there is something that we are missing and we are not paying enough attention, we need you to point it out because we want to listen.

3:55

We want to better understand not only our technical, scientific vision, even care vision, but including in our reflections and actions your requirements, being an active part of the treatment of your illness, being the leader of the process.

4:12

We also believe that is going to help you enjoying life.



4:18

Yes, and we know what we're talking about.

4:19

Yes, enjoying life.

4:21

Enjoying life in any given circumstance, we don't choose what's going to happen to us, but we can always choose and decide which is the answer we are going to provide.

4:32

What has happened?

4:34

We all are dealing with serious illness.

4:37

We all are dealing with sad moments of our life, but life is much more than our disease.

4:43

So we are begging you to help your hospitals, your sanitary organisations, your health organisations in order to together build up a comprehensive centre that is bringing together all the points of view, having a common action plan and helping each other.

5:01

We will help you, but you are already helping us in order to improve the process we are doing together.

5:08

Therefore, what are we trying to tell you from Barcelona?

5:12

Life always happen here and now.

5:16

It never happened in the past, it never happened in the future.

5:19

It's here and now and here and now.

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We all have an opportunity and we do have the willingness to work together, to listen to you, helping



you to participate in the decision making process with us and being a team, trying to have all of us in each interaction.

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Joy and dealing with reality in the very best way we altogether can.

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So enjoy life, help us to better understand your needs.

5:49

And we altogether we can keep improving the way we deal with illness, how we solve these problems in the future with research and working together.

5:59

And thank you very much for helping us to better do our job.

6:04

Thanks a lot.